

Ryokan Information

御食事

Meal

朝食

和食 1,000 円

Breakfast Japanese style 1,000 yen



※要予約です。

Reservation is requested by the previous day.

※お部屋にてお召し上がりください。

Please have the breakfast in your room.

※どこの場所でも、水道水は安心してお飲みになれます。

The tap water is safe to drink anywhere.

※上記のお値段は税別です。

Excluding tax.

～奈良の『奈良漬と茶粥』のお話～

『奈良漬』は1300年以上前の記録に「かす漬け」という名で残っており、当時は上流階級の保存食・香の物として珍重され、高級食として扱われました。

NARAZUKE pickles have been appearing in records since as early as Nara period 1300 years ago. They are pickles made from vegetables such as SHIROURI (white melon) a type of cucurbitaceous-fruit, using SAKEKASU, which is particularly tasty and gives the pickles their unique flavor. During the Nara Period, NARAZUKE pickles were kept by the upper class as the highest grade of food.

「大和の朝は茶粥で明ける」といわれるほど、『茶粥』は奈良の日常食として庶民の中に受け継がれており、親しみを込めて「おかいさん」と呼ばれています。

CHAGAYU (tea gruel) is the name of a type of gruel eaten in Nara. It is quite a simple dish, made of rice water and tea, as HOJICHA or roast tea. CHAGAYU is a famous homemade meal.
the saying GOSE: Morning in Nara start with tea gruel.

